

Sutton Native Chosen for Ruby Fellows Research Funding

A Sutton woman is one of four researchers pursuing doctoral degrees at West Virginia University that will be receiving funding from the Ruby Scholars Graduate Fellows Program to support their studies.

This year's Ruby Fellows are Quinn Hopen of Sutton, Cameron Wilson, Ashley Martsen, and Courtney Glenn.

Each student will receive a \$34,000 stipend, a \$2,000 travel grant and tuition waiver to allow them to continue their research at WVU.

Established in 2011 by the Hazel Ruby McQuain Charitable Trust,



the fellowship provides financial support that allows incoming doctoral-level scholars to dedicate themselves fully to expanding their studies

and using their research to benefit the people of WVU, the nation and the world.

"WVU is fortunate to have the support of the Ruby Fellows program and the exceptional students it brings to our campus," said Maryanne Reed, Provost and Vice President for Academic Affairs. "This year's Fellows embody the Mountaineer excellence, resiliency and curiosity we value. These scholars have already made significant strides in their own lives and are poised to be change-makers in their communities and the world."

Governor Jim Justice Announces Weatherization Assistance Grants

Gov. Jim Justice has approved over \$3.3 million in Weatherization Assistance Program grant funding for 12 agencies across the state working to reduce energy costs for low-income families by improving the energy efficiency of their homes. Mountain CAP of West Virginia, Inc., which serves Braxton, Lewis, Upshur and Webster Counties has been awarded \$163,541.00.

The U.S. Department of Energy's (DOE) Weatherization Assistance Program (WAP) was created in 1976 to increase the energy efficiency of dwellings owned or occupied by low-income persons, especially low-income persons who are particularly vulnerable, such as the elderly, people with disabilities, families with children,

high residential energy users, and households with a high energy burden.

The WV Development Office administers the WAP in West Virginia on behalf of the DOE.

Weatherization crews use computerized energy audits and advanced diagnostic equipment, such as the blower door, manometer, and infrared camera to determine the most cost-effective measures appropriate for each home.

Typical measures include installing insulation in walls, floors, and attics; reducing air infiltration and pressure imbalances; sealing and repairing ducts; and tuning and repairing heating and cooling units. Crews use DOE funds to install only those energy-efficiency measures that meet a Savings-

to-Investment Ratio of 1:1 and above. A limited amount of DOE funds may be used to address energy-related health and safety problems, or to perform incidental repairs. This approach ensures the program's cost-effectiveness.

In addition to the comfort, health benefits, and energy savings for the household, the energy conservation resulting from the efforts of state and local agencies helps the United States reduce both dependence on foreign oil and its carbon footprint.

West Virginia has chosen to use Community Action Agencies (CAAs) as the designated service providers to weatherize homes for income-eligible homeowners, renters, and multiple dwelling units throughout the state.

Town of Burnsville Council Meets in Regular Session

The Town of Burnsville held a regular council meeting on July 14. The meeting called to order at 6:06 pm by Mayor, Paul Bragg.

Members in attendance included Becky Jackson, Steve Wine, Tom Crutchfield, John Verton, Paul Bragg, Angela Morgan & Kisha Verton.

Town employees Matt Kesling and Pam Wine were also in attendance.

B.P.U.B. Members in Attendance: None.

Councilman Steve Wine made a motion to approve the minutes and financials with correction.

Matt Kesling asked council about a boot voucher.

Mayor Bragg reviewed the following communication with council members: Burnsville Public Library, re: Re-appointment request; People's Gas, re: Pipeline Safety; Braxton Co. Assessor, re: Dog Taxes; WV State Treasurer, re: Statement of Account; BHM CPA Group, re: Completed Audit; Braxton County Sheriff, re: Property Tax Distribution; WV State Auditor, re: IRP/Public Utilities; Approved Building Permit #01-2223 for Marc Carson; WV State Treasurer, re: Video Lottery.

Under the topic of Unfinished Business, Pam Wine reported that a pre-

vious complaint about an overgrown yard should be taken care of the weekend. She also gave a status update on the city park cameras, vehicle graphics and advertising for a new Police Chief and discussed a couple suggestions for a Municipal Judge or advertising to fill the position. Councilman Wine made a motion to approve the purchase of four fire hydrants at a cost of \$3425.00 which was unanimously approved by council.

It was reported that the leak from the AC unit at the Community Center has been resolved.

Pam Wine advised council that Joanne Smith had spoken with her and asked that she follow-up on a call that Joanne had with FEMA regarding the slip behind her home. Pam did call and spoke with Brian Penix who advised her that the town could apply for a Hazard Mitigation Grant that could help Joanne and her neighbors with this problem. Pam suggested also trying to include the Conrad property on Oak St. if possible. Pam said that she also asked if funds were available to help with the section of the road on Church St. that was slipping and there is another grant program referred to as BRICK. Pam has spoken with Shane

Whitehair at Region VII about assistance in applying for these grants with the town's approval. Steve Wine made a motion to pursue the grant process. Pam excused herself from the meeting at 6:30pm.

Tom Crutchfield made a motion to re-appoint Robin Crist to the Board of Trustees of the Burnsville Public Library, which passed without objection.

John Verton made a motion to give Pam Wine a one-time cost of living supplement in the amount of \$500.00 at which time Steve Wine excused himself from the meeting. The motion was seconded by Becky Jackson, motion carried.

Councilman Verton made a motion to increase Rick & John's wages to \$15.00 hour, seconded by Kisha Verton, motion carried.

Steve Wine introduced a motion to approve Budget Revision #1 for FY 2023 Coal Severance Fund. Steve made a second motion to approved Budget Revision #1 for the General Fund. Both actions were approved.

Becky Jackson made a motion to approve the payment of bills as submitted,

It was also Jackson who made a motion to adjourn at 8:24 pm.

BCMS Announces Enrollment Dates & Back to School Bash

Meet Your Teachers, Tour Classrooms, Fun & Games

The staff of Braxton County Middle School is excited to welcome students back to school for the 2022-2023 school year. Students will be able to enroll for classes on August 9 from 9:00 to 11:00 AM and from 1:00 to 3:00 in the afternoon.

On August 11 New students can attend BCMS's 4th Back to School Bash. This event is for the students and their families of upcoming 6th, 7th, and 8th graders. Food and drinks will be provided.

Students will be able to meet their teachers and homeroom lists will be posted. The Student Council will give tours of the facility. There will be games and prizes.

Various organizations will set up displays including the PTA, West Virginia Family Engagement Center, Braxton County's Reading Specialist and New Student Registration to name a few. There will be a free book giveaway and more.



The BCMS Staff would like to thank Go-Mart, Mid State Chevrolet and Little Caesars for their continued support with this event.

The other event is for New Student Registration to be held on August 9th. New stu-

dent registration will also take place during the August 11 Back to School Bash.

"We look forward to seeing returning students, as well as new students," said Principal Amy Perkins.

Anyone having a child who is in 6th, 7th or 8th grade that DID NOT attend a Braxton County School at the end of the last school year, staff will be available to help enroll those student during the two events.

Parents should bring their student's birth certificate, shot records and any other documentation needed.

Again, this is for students who attended school in a different county or state or is returning to school from homeschool. Anyone with questions, should contact the school at 304-765-2644.

"We look forward to meeting our new Knights!" added the Principal.

Braxton Magistrate Report

Magistrate Beth Smith

July 22: Joseph William Skeens of Cowen, driving revoked for DUI, dismissed, license reinstated.

July 23: Steven Dewayne Thayer of Copen, domestic battery-2nd offense, warrantless arrest, bond set at \$5000 cash or surety; Clarence Burmen Burgess of Cross Lanes, possession of controlled substance x2-meth and fentanyl, warrant issued, bond set at \$6000 cash or surety.

July 26: Stephanie Amber Dawn Chen of Craigs-ville, trespassing asked to leave, dismissed.

July 28: Anthony C. Cogar, II of Sutton, domestic battery, no contest plea, 120 days of jail with credit for time served of 11 days, to serve 60 remaining days, fine/court costs assessed.

August 1: James Denver Criner of Frametown, unauthorized use access device x8, warrantless arrest, bond set at \$30,000 cash or surety.

August 2: Clinton Russell Dalton of Daniels, aggravated DUI-2nd offense, failure to obey stop sign, warrantless arrest, bond set at \$500 personal recognizance.

Magistrate David Singleton

July 20: William Charles Wright of Sutton, prohibited person in possession of firearm, possession of controlled substance with intent to deliver x2-meth and heroin, preliminary hearing waived, transferred to circuit court.

July 22: Trinity Tationna Franklin of Flint, MI, obtaining goods by false pretenses, conspiracy, preliminary hearing

waived, transferred to circuit court.

July 25: Hannibal Taft Ryan, IV of Spencer, conspiracy, grand larceny, fleeing with reckless indifference, fraudulent registration, preliminary hearing waived, transferred to circuit court; Donald Bowers of Napier, burglary, grand larceny, warrant issued, bond set at \$10,000 cash only; Christina D. Cutlip of Sutton, no operators, guilty plea, fine/court costs assessed.

July 26: Lucas Michael Sartin of Sutton, no proof of insurance, obstructing an officer, no operators, warrantless arrest, bond set at \$1500 cash, surety, or 10% to the court; James Denver Criner of Gas-saway, worthless check x2, warrant issued, bond set at \$400 personal recognizance; Lisa Deal of Webster Springs, trespassing asked to leave, dismissed, case withdrawn by officer; Cheryl Ann Wine of Burnsville, assault, dismissed, battery, dismissed, both defendant and complainant failed to appear for trial; Heather D. Bender of Sutton, possession with intent to deliver, preliminary hearing waived, transferred to circuit court.

July 27: Elijah C. Wellman of Kenova, expired MVI, dismissed proof provided, no proof of insurance, dismissed proof provided; Meaghan Nichole Lyke of Webster Springs, driving suspended-general, no contest plea, fine/court costs assessed and paid; Donald Lee Bowers of Napier, fleeing with reckless indifference, grand larceny, burglary, preliminary hearing waived, transferred to cir-

cuit court.

July 28: Nicholas C. Fleming of Irwin, PA, speeding, no contest plea, fine/court costs assessed; Eric Lee Myers of Duck, no proof of insurance, dismissed proof provided, driving suspended-general, guilty plea, fine/court costs assessed; Russell Lee Kirk of Fairmont, assault, battery, unlawful restraint, conspiracy, warrant issued, bond set at \$2500 personal recognizance; Clarence Burgess of Cross Lanes, possession of controlled substance x2, guilty plea, 180 days of jail with credit for time served of six days, remainder suspended and placed on 12 months unsupervised probation, fine/court costs assessed; Hardy Willis Arner of Little Birch, domestic battery, domestic assault-2nd offense, destruction of property, warrant issued, bond set at \$5000 cash, surety, or 10% to the court; Dusten Brice Stewart of Sutton, no proof of insurance, warrantless arrest, bond set at \$5000 cash or surety;

July 29: Donald Lee Bowers of Napier, burglary, prohibited person in possession of a firearm, grand larceny, warrant issued, bond set at \$10,000 cash only.

July 31: Lisa Michelle Utt of Sutton, obstructing an officer x2, false reporting of emergency, warrantless arrest, bond set at \$1500 cash, surety, or 10% to the court.

August 1: Connie Jean Holcomb of Sutton, domestic battery, warrantless



Legislative Update

By Delegate Brent Boggs

To begin this week, we need to keep our neighbors in eastern Kentucky in our prayers and be willing to step up with donations and, if possible, boots on the ground. As I write this Sunday night, the rains are still falling, even after record rainfall and flooding has occurred. Already the death and destruction are beyond comprehension, and the waters have yet to recede. When our State experienced a similar event in 2016, rebuilding is still ongoing. Eastern Kentucky will need help for months and years to come, just like we did, to recover and rebuild.

In twenty-six years in the Legislature and having served during the terms of five governors, one long standing axiom has proven to be good advice, time and time again. If you are calling a special session of the Legislature, you need to have some consensus on (a) the agenda and (b) consensus on any bills placed on the special call. Otherwise, it often becomes unproductive and not the best use of time and taxpayer dollars.

That unwritten bit of guidance was never more relevant than it was last week, when a special session to address one single issue – a slight reduction in state income tax rates – morphed into a six-day debacle that included a bill to clarify abortion law in West Virginia. It ended in the late-night last Friday with no bills sent to the Governor, including his tax reduction bill. The only agreement was a resolution passed by both bodies that adjourned until the legislative leadership determines a date to reconvene.

While the Governor did have a plan on taxes, it was apparently not vetted, or consensus reached beforehand with both houses. His bill

(HB 301) was first taken up in the House of Delegates and was passed to the Senate. Whereupon the Senate opted not to consider the bill, eventually only passing a non-binding resolution in support of some future tax reduction. Thus, the bill that was the purpose of calling the Legislature into session during July interim meetings was dead.

Meanwhile, late Monday, the Governor amended his original call to include taking up the abortion issue. However, he did not propose a bill, leaving it up to the House and Senate to individually come up with a plan with no advance notice. In hurried fashion, the House Health & Human Resources Committee originated a bill (HB 302) and advanced it to the Judiciary Committee. It passed Judiciary; a public hearing was held on Wednesday and eventually passed the House by a vote of 69-23. The bill was amended in the Senate and passed late last Friday evening, sending it back to the House, which refused to accept the Senate version, predominately over physician liability.

As a result, both the House and Senate adjourned, subject to the "call of the chair". At some point, we will reconvene, a conference committee will be appointed to attempt to work out the differences in the bills, but there is no guarantee that will occur in a timely manner. Eventually, a bill will pass, but it is not clear at this point what a final version will contain.

Some bills are simple and require minimal debate. Others are more complex and must be researched beforehand to obtain consensus in a timely manner. Still others are both complex and emotionally charged, such as HB 302. These

bills are better suited for the regular session, where concerns can be vetted beforehand, all sides can make their case in multiple committees, and members can make informed decisions on amendments, based on the information attained from research, debate, and the principles of each member.

There is no doubt in my mind that a bill will eventually end up on the Governor's desk for his action, whether it's sooner or later. But what happened last week was akin to someone deciding to build a house. Then, with no advance notice or planning they decided to build a high-rise building. They had no specific plan or blueprints; no list of materials; no preliminary preparations. Despite the lack of planning, one hundred thirty-four builders were called in without advance notice to the worksite with no coordination beforehand. Not a productive way to proceed on an important project.

Needless to say, the Legislative session called by the Governor last week was not a productive use of taxpayer funds. Advance notice and planning go a long way.

Meanwhile, while I was at the Capitol last week, I was unable to attend the local meeting with Frontier Communications, the WV Public Service Commission, and local residents regarding the ongoing telephone and internet issues. Central West Virginia residents and businesses continue to suffer from substandard service and lengthy delays in repairs being completed. Coupled with the lack of cell coverage in the area, a non-working landline is a major safety issue, especially for our considerable population of senior citizens.

Thank you, Commission President Godwin and the Braxton County Commission, Braxton Senior Center director Mary Chapman, Evelyn Post, Elaine Harris, representing the Communication Workers of America, and my wife, Jean, attending on my behalf. Most of all, thank you to the large turnout that brought their concerns to the meeting. As a result of the meeting, some of the concerns have already been addressed with more to come.

Now that the session has concluded, please contact me at my home office at: 151 Park Street, Gassaway, WV 26624. The phone number is 304-364-8411. For those with Internet access, my legislative email address is: Brent.Boggs@WV-House.gov

Remember to thank a Veteran every day for their service and remember our troops - at home and abroad - and keep them and their families in your thoughts and prayers. Until next week, take care.



American Legion Post 33 conducted a ceremony at the gravesite.

World War I Vet Grave Found

The grave of a World War I veteran has been located and honored by the American Legion Braxton Post 33. The four-month project of finding the grave of William A. Carte was spearheaded by American Legion Service Officer, Art Moore.

Post 33 Commander Paul Gillespie and Honor Guard conducted a solemn ceremony at Carte's gravesite in the Sutton Cemetery on Town Hill.

Carte's new military marker contains the following information: William A. Carte, Pvt. Co. B, 35 MG BN.

Carte was born January 9, 1896 and died Jan-



William A. Carte's grave marker was placed after the grave was properly identified.

uary 14, 1958. Commander Gillespie noted: "Until our Post 33 Service Officer Art Moore led the search, the location of Carte was unknown to the U.S. Army. It was our honor to place a military marker at his grave to properly identify a World War I veteran of West Virginia."

Mountaineer Food Bank Mobile Food Pantry to be held on August 12 at Holly Gray Park

The Mountaineer Food Bank organization provides food and other household items to our emergency food network in 48 counties including programs such as food pantries, soup kitchens, shelters, Backpack programs, senior programs and mobile pantries.

The Mountaineer Food Bank works with the West Virginia Department of Agriculture to distribute USDA commodities in 43 counties in West Virginia, almost 3.5 million pounds annually. The products are generally staple items such as green beans, corn, canned fruit, juices and proteins such as meat or peanut butter.

As a Feeding America food bank, The Mountaineer Food Bank is able to bring in donations from donors across the country by the truckload to distribute into West Virginia. Our partnership allows us to work with retail stores such as Walmart and Kroger in our local communities to reduce food waste and provide much needed produce and dairy.

Mobile Pantries provide food to "food deserts" where food acces-



The next Mobile Food Pantry will be held in Braxton County on Friday, August 12th.

sibility is limited and/or scarce. Fresh, healthy food tends to have a short shelf life. To make sure food gets to our clients as quickly and fresh as possible, they are transported to selected locations and distributed by Mountaineer Food Bank. Mobile Pantries can provide a variety of fresh fruits, vegetables, dairy products, and baked goods to people in need.

Hosted by churches, schools, and community centers, a Mobile Pantry can feed between 100 and 1,000 households.

The next date for Braxton County will be on Friday, August 12 from 11:00 A.M. to 1:00 P.M. at Holly Gray Park, 401 Co Rte 15/9, Sutton, WV 26601.

Our Mobile Food Pantry program distributes shelf stable and fresh food items directly to thousands of individuals and families every month. With food and gas prices on the rise, many of our neighbors are struggling to put food on the table.

Our programs, like the Mobile Food Pantry, play a vital role in helping families get through difficult times.

This wouldn't be possible without the support of our community and their volunteers. If you'd like to learn more about our programs, to volunteer, view our Mobile Food Pantry schedule or make a donation, check out our website: mountaineerfoodbank.org

MEET THE CANDIDATE

Kevin Carpenter, Democratic Candidate for the West Virginia House of Delegates 63rd District will be holding a **Meet the Candidate** event **Wednesday, August 17th, 2022** at the **Elk River Hotel and Café** at 616 Main St Sutton WV 26601 from 6:00 - 8:00 PM. Light hors d'oeuvres will be served. The new 63rd District replaces the 34th District represented by retiring Delegate Brent Boggs that encompasses Braxton and eastern Gilmer Counties. Bring your questions, concerns and ideas on how best to move our district and state forward. Please call Kevin at 304 765 5960 or visit www.kevincarpenter.us for more information.

*Paid for the Kevin Carpenter for WV Committee.

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BCHS Eagle Football Eagle Combine

The Braxton County High School Eagles Football Team invites friends, family, and fans out for an exciting afternoon as players test their abilities on the field.

The Eagle Combine tests athletic skills including speed, power, strength, and agility of athletes. Combines are

most commonly known in the football world. It is an opportunity for athletes to showcase their abilities.

The Eagle Combine will take place on Saturday, August 6. Door opens at 12:00 P.M. at the BCHS Gym. Concessions will be available and admission is by donation.

Obituaries

Regina Dee "Gener" Parsons

Regina Dee "Gener" Parsons, age 62, of Glenville, WV, gained her wings and joined her beloved husband and beautiful daughter in heaven on July 29, 2022.

Regina was born October 27, 1959 in Gassaway, WV; daughter of the Ruby Jean Stout Wayne of Gassaway, WV; and the late Farise Dean Wayne.

On September 4, 1981 she was united in marriage to Steven A. "Bub" Parsons, her best friend and soul mate who preceded her in death on April 20, 2020.

Gener was a loving person who cared deeply for others. She was filled with a great kindness and compassion for everyone she met. Many of her conversations would often lead to boasting of how proud she was of her children and grandchildren.

Regina was a long time employee of Gil-Co Faith Pharmacy where she became known and loved by many in the community. Her faith and her family meant so much to her and that shined through in everything she did.

She enjoyed spending time with all of her family, taking vacations to Tennessee with her husband and kids, watching Kasey and Cole grow and learn, seeing Charlie and Tressie accomplish dreams, and being such a big part of her children's lives.

Along with her mother, Regina is survived by her daughter Kimberly Jenkins (Thomas), son Steven Parsons both of Glenville, WV, brothers, Martin Wayne (Sherryll), Travis Wayne (Tammy), sisters Vanessa Vaughan (Richie) all of Gassaway, WV, and Teresa Martin (Matt) of Homer City, PA. Gener's grandkids were the pride and joy of her life; Charles Payne (Tiana) of Richmond, VA, Tressie Payne of Clarksburg, WV, and Kasey LeeAnn and Cole Parsons both home in Glenville. She was proud of all of them and never let an opportunity pass to boast about them to anyone that would listen.

Also surviving are a host of nieces, nephews, cousins and many other wonderful friends and family.

Along with her husband, Steven and Father, Farise, Regina is preceded in death by her beautiful daughter Kasey Lee Parsons and Great-granddaughter, Zoey Ella Payne.

A funeral service will be conducted at the Ellyson Mortuary, Inc., 2 Vanhorn Drive, Glenville, WV; 26351 at 11:00 AM; Friday, August 5, 2022 with Pastor Bryan Groves and family friend Chris Arden officiating. Burial will follow in the Collins Community Cemetery in Stumptown where she will be laid to rest beside her loving husband. Friends will be received from 4:00 - 8:00 PM; Thursday evening at the mortuary in Glenville.

Ellyson Mortuary, Inc is honored to assist the family of Regina Dee "Gener" Parsons with arrangements.

Robert "Bobby" Wayne Johnson, Sr

Robert "Bobby" Wayne Johnson, Sr., 84 of Perry Hollow Road, Clarksburg, passed away on Monday, July 18, 2022 at Clarksburg Nursing and Rehabilitation Center do to an extended illness.

He was born February 1, 1938 in Wilsonburg, the son of the late Robert Louis Johnson and Mabel Pauline Westfall Johnson White.

In addition to his parents, Bobby was preceded in death by his wife, Shirley Ann Shiflet Johnson whom he married on July 31, 1958 and passed away on Sept 8, 2016; four children, Stephen, Charles, Tammy and Robert Jr.; one grandson, Ricky Taylor and brother Ronald Johnson. He is survived by two daughters, Joyce Brown and John, Richmond, VA, Debra Swiger and Dave, Clarksburg; two sisters, Mary Fincham, Bloomfield, KY, and Donna Loudin, Clarksburg; numerous grandchildren and great grandchildren, nieces and nephews.

Bobby worked as a Construction Worker for several years. He was a member of Free Will Baptist Church for over forty years.

In keeping with his wishes, Bobby was cremated and a private family inurnment was held for Bobby and Shirley at the Shiflet Family Cemetery in Dusk Camp, WV.

Online condolences can be made at DavisFuneralHomeWV.com. Davis Funeral Home is honored to serve the Johnson family.

Caryl Jean Nottingham

Caryl Jean Nottingham, 85, of Strange Creek, passed away on Wednesday, July 27, 2022 at Braxton County Memorial Hospital.

She was born January 2, 1937 in Dalton, Minnesota to the late Victor C. Spitsburge and Orpha J. Synsteliien Spitsburge.

Caryl was preceded in death by her husband, Darrell Nottingham; daughter, Darla Jean Nottingham; sister, Juanita Third; and brother Vernon Spitsburge.

She was a homemaker, but earlier in her life she was a cook for San Pedro Local Hospital when she lived in California. She could crochet and knit and also loved to cook and bake. She enjoyed reading murder mystery novels. Caryl loved to watch NCIS and Law and Order on the television. She was an upbeat woman with a positive attitude towards life.

Caryl is survived by her son, Rick Nottingham, of California; four grandchildren, Danny Nottingham and wife, Monica, Tina Nottingham, Derek Lancaster and Caitlyn Lancaster, and one great granddaughter, Danica Nottingham.

Her funeral will be 9 A.M. Wednesday, August 3rd at Roach Funeral Home, Gassaway with Reverend Johnny Conrad officiating. Burial will follow in the Nottingham Cemetery, Duck, WV.

Her visitation will be from 5 to 8 P.M. Tuesday, August 2nd at the funeral home.

Words of comfort and fond memories may be extended to the family at www.roachfuneralhome.com.

Frances DeLucco

Frances DeLucco, of Melvindale, Michigan passed away on Thursday, July 21, 2022 surrounded by her family after a long battle with an extended illness.

She was born in Hamtramck, Michigan on March 26, 1947 to the late George and Rose Wisniewski Blaz.

In addition to her parents she was preceded in death by her son, Bobby DeLucco; sister, Theresa Beever; and brother, George Blaz.

Frances was a homemaker. She enjoyed watching the shows Golden Girls, Roseanne and Every Loves Raymond on the television. Doing crossword puzzles was one of her favorite pastimes. One of the highlights in her life was seeing her grandchildren. Frances was a very strong willed person. She will be missed.

She is survived by her son, Paul Trevino and wife, Nichole, of Gassaway, Becky DeLucco of Melvindale, Michigan; six grandchildren; two great grandchildren; and brother, John Blaz of Michigan.

In keeping with her wishes Frances will be cremated and there will be no services held.

Words of comfort and fond memories may be extended to the family at www.roachfuneralhome.com.

Arrangements by Roach Funeral Home, Gassaway, WV.

Anna Faye Clifton Mollohan

Anna Faye Clifton Mollohan, 88, of Little Birch went to her heavenly home to be with her Lord and Savior on Friday, July 22, 2022, at her residence, with family by her side.

She was born in Widener, WV on July 13, 1934, a daughter to the late Harry and Vena Crites Bragg. She was a member of Stump Chapel Church, where she enjoyed singing with the choir and heading up the adult craft for VBS.

She and her husband, Edgar, both gave their life to Christ at Rose Hill Church, Nicholas County, in 1970, where they faithfully attended with their seven children. Many happy years are remembered there praising God, singing, and 'dinner on the ground' at annual homecomings.

Anna Faye was an aide for the Head-start program at Little Birch Elementary. She was an artist who loved sewing, crocheting, painting, and all types of crafts. Her crocheting won blue ribbon awards all over the state of West Virginia. She enjoyed making gifts for her family and friends. One of her greatest joys in this life was singing with her husband, Edgar and children in churches for homecomings and revivals in dif-

ferent counties for many years.

She was preceded in death by her parents, her first husband, Edgar Clifton, her second husband, Arden Mollohan, her infant granddaughter, Shireen Afrazi, infant great grandson, Landon Keith Rexroad, sisters: Rosalene Ritenour of Texas, Bessie Cogar of Ohio, brothers: Don and Danny Bragg of Ohio. Also preceding her in death were son-in-laws: Sonny Dow and Carl Hairston.

Anna Faye is survived by her children: Julie Clifton and Kay Dow, both of Charleston, WV, Linda Afrazi (Sohrab) of Rocky Hill, CT, Connie Rose (Tony), Steve Clifton, Edward Clifton (Sue), Andrea Tonkin (Lavern), all of Little Birch, WV, one sister, Carol Bragg of Tampa, FL. She is also survived by 14 grandchildren and nine great-grandchildren, all of whom she was so proud of and was always joyful to see.

Her legacy is that of being a strong and outspoken witness for Christ. She loved her family fiercely and was supportive and caring of them. She will be greatly missed by all her children and friends.

Funeral services were held 1:00 pm, Monday, July 25, 2022 at Greene-Robertson Funeral Home, Sutton with Rev. Earl Elliott and Rev. Dale Harper officiating. Burial followed at Braxton Memorial Cemetery, Airport Rd. Sutton, WV. Friends called 11:30 am till 1:00 pm at the funeral home on Monday.

Greene-Robertson Funeral Home is humbly serving the Clifton/Mollohan families.

Online condolences may be sent to: greene-robertsonfuneralhome.com

Philip Nolan Kniceley

Philip Nolan Kniceley, 72, of Palm Coast, FL, passed away Sunday, July 3, 2022 at Flagler Hospital in St. Augustine, FL. Philip was born on September 7, 1949 to the late Nolan and Patsy Kniceley.

Philip was a proud US Army veteran serving during the Vietnam War. He was a loving devoted husband, father, and grandfather, always placing his family and others before himself. Philip enjoyed collecting coins, entertaining others, and causing trouble. He is known by his amazing sense of humor and his willingness to give of himself, his time, his money and his heart.

Philip is survived by his wife of 30 years, Deborah Kniceley; children, Philip "Wheel" Kniceley, II (Beth), Becky Chapell (Andrew), Luke Watson (Megan) and Mark Watson; 12 grandchildren; 11 great grandchildren; siblings, Gregg, Kathy, Alan, Jeff, Shawn and Chad; step mother, Mary Jo Kniceley; a host of extended family and friends who will miss him dearly.

Memorial graveside service will be held 2:00 pm, Sunday August 7, 2022 at Kniceley Family Cemetery, Kanawha Run with Rev. Rich Demastus officiating.

Shirley May Young

Shirley May Young, 71 of Bolair, went to be with the Lord on Tuesday, July 26, 2022, surrounded by her loved ones at Ruby Memorial Hospital.

She was born October 18, 1950 in Randolph County to the late Roscoe and Elsie Peters May.

Shirley was a homemaker who enjoyed spending time with her family and grandchildren, gardening, volunteering at the Mountain Market Place Mission, going to church, but mostly she enjoyed quality time with her husband John.

In addition to her parents, she was preceded in death by her two children, Frank May and Tammy May; brother Tommy May, and twin brothers.

Shirley is survived by her loving husband of 41 years, John Young; children Danny May of Cowen, Steve (Amy) May of Ohio, Margaret (Floyd) Wright of Owega, NY, John (Ashley) Young of St. Albans, Jenny (Scott) Brown of Camden-on-Gauley, George (Heather) Young of Powhatan, VA, and Tommy (Whitney) Young of Union, NC; and maintained a special bond with Jessica Sill-Perkins. She is also survived by many grandchildren and great-grandchildren; brothers Bill, Hank, and Junior May; sisters Rachel and Susan May; numerous nieces and nephews; and many extended family and friends to mourn her passing.

Services to celebrate Shirley's life were held on Saturday, July 30, 2022 at 2:00 PM at Emmanuel Assembly of God in Upper Glade with Rev. Marty Cowger officiating. Friends joined the family for visitation two hours prior to service time at the Church.

Shirley was laid to rest in the Young Cemetery, Bolair.

Online condolences may be left for the family at www.doddreedfh.com.

Dodd & Reed Funeral Home is honored to be serving Shirley's family.

Arthur "Lenny" Leonard

Arthur "Lenny" Leonard Pickens, 73, of Ireland, passed away in the comfort of his home on Friday, July 29, 2022.

He was born in Philippi on August 21, 1948, a son of the late Charles David and Alta Fisher Pickens.

In addition to his parents, Lenny was preceded in death by two step-sisters: Shirley Kay Sprouse and Mary Louise Allman; and one step brother, Sonny Allman.

Forever cherishing their memories of Lenny's hard-working nature are two sons: Jason Leonard Pickens and Thomas Michael Pickens both of Jupiter, FL; one brother, Chuck Pickens of Ireland; and several nieces, nephews, and cousins.

Lenny was a Christian by faith and graduated in the class of 1966 from Harbor High School in Ashtabula, OH. He worked in a foreign car repair shop in Jupiter, FL. Recently, he was self-employed as a mechanic and iron worker with his partner, Ford Gregory. Lenny liked to go fishing, ride in his side-by-side, collect antiques, and attend the WVU Mountaineer football games

Family and friends gathered for Visitation at Clutter Funeral Services - Alkire Chapel located at 190 Wild Cat Road in Ireland from 12-1 p.m. on Tuesday, August 2, 2022. Funeral Services were held at 1 p.m. with Kevin Gregory and Eddie Williams as officiants. Interment followed at the Kincaid Cemetery on Buttermilk Road in Ireland.

We, at Clutter Funeral Services - Alkire Chapel, are honored and privileged to serve the family of Arthur "Lenny" Leonard Pickens. Online condolences may be expressed at www.ClutterFuneralHome.com.

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This Week in West Virginia History

The following events happened on these dates in West Virginia history. To read more, go to e-WV: The West Virginia Encyclopedia at www.wvencyclopedia.org.

Aug. 3, 1897: Fire destroyed much of downtown Lewisburg. The town rebuilt and evolved in the next century into the hub of one of the state's major farming areas and a center for education and the arts.



Aug. 4, 1897: Musician William Jennings "Billy" Cox was born near Charleston. Cox, known as the "Dixie Songbird," ranked as one of West Virginia's premier country music vocalists and songwriters during the 1930s.



Aug. 5, 1958: Jennings Randolph defeated former governor William Marland in the Democratic primary for U.S. Senate. Randolph went on to become the senior senator from West Virginia.



Aug. 6, 1864: Delayed three times by the Civil War, Sisters of the Visitation of Holy Mary finally arrived in Parkersburg, where they later founded DeSales Heights boarding

school for young women.

Aug. 7, 1864: In what became known as the Battle of Moorefield, Union troops under Gen. William W. Averell attacked the headquarters of Gen. Bradley Johnson. The Confederates were routed and fled south into the town; the Union captured 500 men and 400 horses.

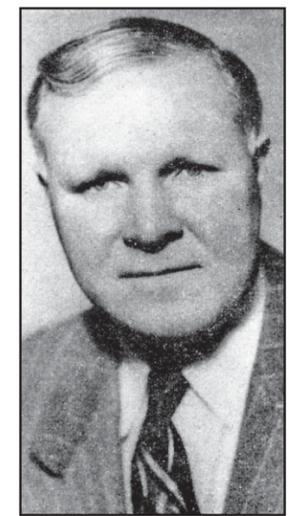
Aug. 7, 1877: West Virginia voters chose Charleston as the state capital over Clarksburg and Martinsburg.



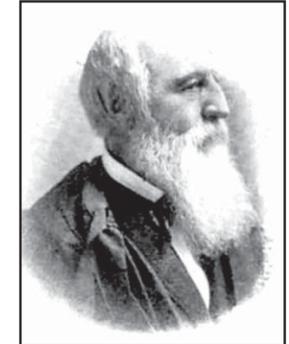
Aug. 8, 1915: Businessman Alex Schoenbaum was born in Richmond, Va. After settling in Charleston in 1943, he went into the restaurant business. His restaurants were named Shoney's when Schoenbaum's nickname was selected in an employee contest.

Aug. 9, 1916: A storm front from the northwest dumped nearly six inches of rain in less than five hours on the headwaters of Cabin Creek in eastern Kanawha County. 71 people died and 900 homes were destroyed in the flood.

e-WV: The West Virginia Encyclopedia is a project of the West Virginia Humanities Council. For more information, contact the West Virginia Humanities Council, 1310 Kanawha Blvd. E., Charleston, WV 25301; (304) 346-8500; or visit e-WV at www.wvencyclopedia.org.



Aug. 3, 1907: Harley Orrin Staggers Sr. was born in Keyser. Staggers served in the U.S. House of Representatives for 32 years.



Aug. 4, 1824: John Jay Jackson Jr. was born near Parkersburg. Jackson was a prominent judge who became notorious among those trying to organize labor unions in West Virginia. He blocked an effort by Mother Jones and United Mine Workers leaders to organize the miners of northern West Virginia.

KITTY KORNER:

Affordable, Adoptable, Fixed Feline Friends

Just One Generation cat rescue was started in 2013 in response to the severe feline overpopulation in this area. Our initial emphasis was on the Trap, Neuter, and Release (TNR) of feral cats as well as to facilitate the spay/neuter of domestic cats.

Adoption of ownerless cats and kittens came later, as was incorporated with the program because there was no place else for these animals to go. But, due to previously made travel plans and family commitments, Sally Stewart, program director of Just One Generation, will NOT be available to take in new animals or to adopt cats and kittens until after Labor Day.

Our spay/neuter assistance program will continue during this time. For information and registration for Spay/Neuter Assist, you can contact Diane Ratliff at 978-317-1941.

If you have thoughtfully considered pet ownership, NOW may be the time to add a feline friend to your family. Our program still has several healthy, social cats and kittens that are available for a modest adoption fee. Adoption fees include

immunizations, deworming, flea protection, as well as spay/neuter and rabies vaccine when the kittens are four -five months old.

Featured today are several of our kittens still looking for someone to open their home and heart to them.

Our usual adoption fee has been reduced to \$45 each of two for \$70, which includes the spay/neuter/rabies vaccine at Central WV Animal Hospital in Gassaway when they reach appropriate age.

Additional photos of these and other available cats and kittens can be seen on petfinder.com by entering a search for CATS at location 26623 or on the Just One Generation Facebook page. Contact Art or Muriel Lewis at 304-765-5071 for additional information.



BAYLEE: 8 week old dilute calico, female, short-

haired.



EVEREST: 8 week old white male, medium-haired.



JOLENE: 8 week old tabby female, short-haired.

Dog Tails: Stories from the Braxton County Animal Shelter:

Are you looking to add a four legged, tail wagging member to your family? Rescues from the Braxton County Animal Shelter are looking for their final "Furever" homes and are anxious to meet you.

There is a reason we call them man's best friend. We can learn so many things from a dog's behavior, personality, demeanor, resiliency, and most importantly, the willingness to provide their family members with unconditional love, loyalty, and companionship down to their very last breath. BCAS is open Monday through Friday from 10-3.

There is no charge to surrender a dog, but donations toward their care are appreciated. Adoptions are \$99.00 for male dogs and \$119.00 for female dogs, and include spay/neuter, rabies vaccination, parvo/distemper vaccination, kennel cough vaccination, flea treatment and deworming. No dog will leave the shelter unfixed and we are very willing to work with reputable 501c3 rescues.

Please call the shelter for vet pricing and ask for our adoption/rescue coordinator Megan at (304)765-2200



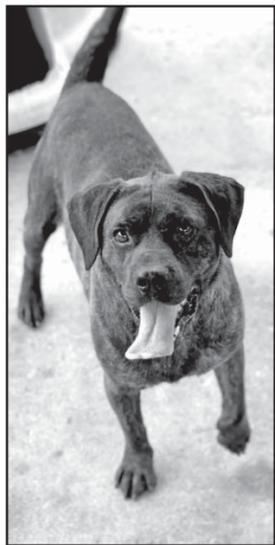
Piper is a five month old female Chow mix. She and her sister were found stray and living in what looked to be a groundhog hole. This girl was feral and did not enjoy human touch when she came to the shelter in early June but she has come such a long way in the last month. Piper loves adventuring around outdoors and now loves a pet on the head and a kind voice. She has learned to walk on a leash and gets along with other dogs here in the shelter. She is smart and very treat motivated so she would be easy to teach new tricks.



Daphne is a littermate Piper. Daphne is a five month old female chow mix puppy. She has the softest coat imaginable. She has been around children of all ages, dogs of all breeds and livestock and has done well. She would not do well in a home with chickens because she loves to chase them. This is a very social girl and she is learning to walk on a leash.



Chelsea is our second intake of the pack of dumped dogs on Tom's Run Rd. She is a cute female mixed breed around two years old. This girl is an all-around excellent dog. We checked for a spay scar and don't see one. She will be spayed before leaving the shelter though. She is around fifty pounds but could use some weight put on. She tries to get attention with her paws but is slowly learning to keep her paws on the floor. She's just a lover, and also very dog social, walks on a leash.



This handsome chunk is **Charley!** Notice his cute little punk rock Mohawk. He was the third dog dumped on Tom's Run Rd. He seems to be about as friendly as they come! He just lumbers around smiling and panting and asking for pets. He seems to get along great with other dogs too. He walks on a leash and isn't a big barker here either. He's shorter in stature but a thick boy, around sixty pounds.



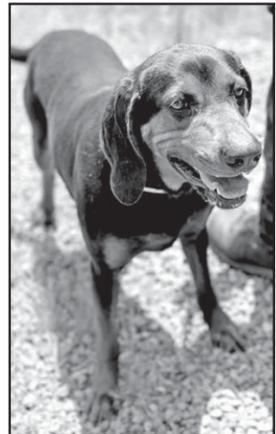
Sierra is the fourth of the dumped dogs from Tom's Run Rd. She is the sweetest little one to two year old bearded terrier mix female. Her hair is a bit wiry and so cute. This little love bug is just looking for a lap to sit on and a human to adore. Sierra is very dog friendly but is more seeking human attention. She walks on a leash.



Honey is a five to six year old, thirty-five pound female Red Tick Hound mix that was picked up as a stray by animal control. We don't know much about her, but we do know she's given the name honey because she's as sweet as they come. Honey acts timid to be touched at times but is learning fast that she enjoys loving pets. She's dog friendly and gentle and loves a soft voice talking to her. She walks great on a leash. And doesn't bark a lot in her kennel.



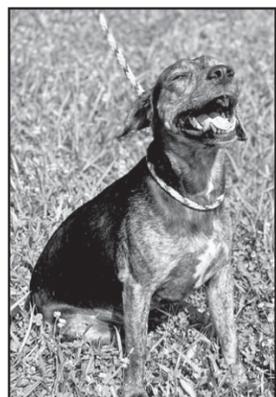
Rascal This sweet boy is ten months old. His momma is a Great Dane and we can't be sure the breed of the father. He has lived mainly outdoors and was very timid when he came to the shelter but he is warming up to our staff quickly. This guys has been around children and is very gentle, do not jump up at all. He is also dog social and has been around chickens and rabbits as well.



Meet **Josie**, She is a four year old female Black and Tan who came to our shelter as a stray from the Burnsville city limits area. We believe she has only ever lived outdoors. She walks excellent on a leash and is in great physical health. She has dog tested great here in the shelter and is a very gentle personality. We think she would be good with children because she does not jump up and is very laid back. Josie does have that hound dog howl but we don't hear it often.



Phoenix was found on a farm as a stray in a hay field and the land owner took her home for a week. He brought her to us because he could not keep her, and he paid her adoption fee for her future adopter. We know that Phoenix is friendly with other dogs but hasn't been around kids or any other animals while he/we have had her. She walks well on a leash. We're guessing her to be one to two years old weighing about forty pounds. Phoenix loves all the butt scratches and attention she can get. She gravitates more to people than dogs so we call her a "people dog". When she gets really happy she gets low to the ground with her front legs stretched out and bounces.



This Cracker Jack is **Bernie**. He's got the funniest personality and the most beautiful brindle stripes. He loves the sun on his face and a good roll in the grass and does not have time for our photo shoot bc he needs to relax. Bernie was found walking on the interstate at Frametown and picked up by a Good Samaritan and brought to our shelter. We think he's young, one to two years old, and he's neutered! We love this goofy guy and he loves all other dogs. Walks great on a leash, not a big barker, and weighs around 40lb.

Cancellation of the 2022 Gross Family Reunion

The Gross Family Reunion scheduled for September 17 2022 at the Carson Dobbins Shelter in Holly Gray Park, Sutton, WV due to COVID!

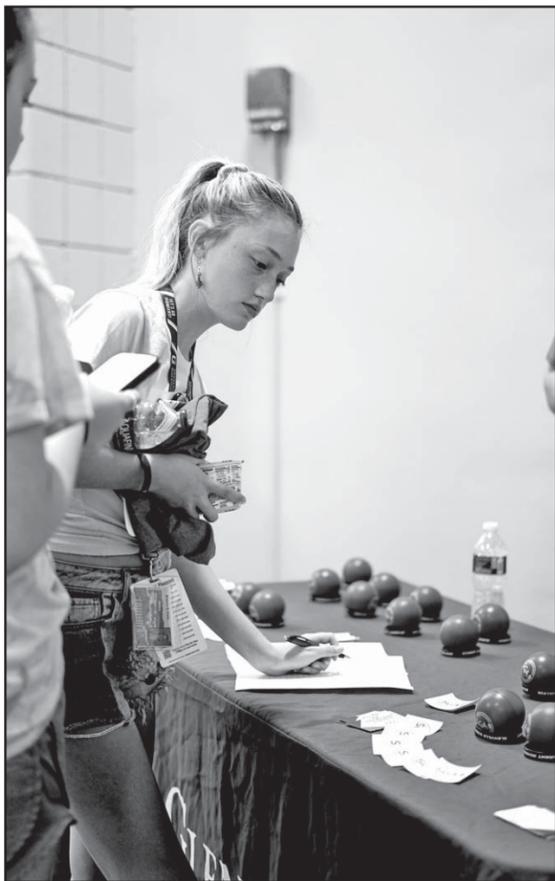
Glennville State University Invites Community to Help Welcome Incoming Students

As new Glennville State University students prepare to begin the 2022-2023 academic year, local community businesses and organizations are invited to help welcome them to Gilmer County.

To help the students learn about the Glennville community including local businesses, churches, and other groups that might interest them, Glennville State is hosting a Community and Campus Organization Fair.

The event will take place on Friday, August 12 beginning at 10:00 a.m. on Glennville State's Clark Hall Lawn. Representatives from community businesses, churches, and organizations are invited to set up displays to introduce themselves to the new students through the use of coupons, gift certificates, free samples, and information. The annual event is an opportunity to show the new Pioneers what the community has to offer them. Incoming students can also learn about the campus student organizations that are available to them, as these groups will be on hand at the event as well.

"This event is a great opportunity for our new Pioneers to see what the local community has to offer them. I enjoy watching the students networking around to the different tables and



A Glennville State University student adds her name to a contact list for the Student Government Association during the Community and Campus Organization Fair in 2021. (GSU Photo/Kristen Cosner)

chatting with business owners, church groups, and the campus organizations as they begin their journeys at Glennville State. We encourage local businesses and organizations to sign up and join us," said Glennville State University President, Dr. Mark A. Manchin.

Incoming students will participate in a week-long orientation to help them become ac-

quainted with the Glennville State campus and the local community before classes begin on Monday, August 15.

For more information or to reserve a spot at the Community and Campus Organization Fair, please visit <https://go.glennville.edu/CommunityFair22> or contact Conner Ferguson at Conner.Ferguson@glennville.edu or (304) 462-6116.

Four Fawns

By: Joseph J. Mazzella

Driving here in the mountains of my home can be a challenge even in the Summertime. The potholes and patches in the roads make for a rough ride. The low hanging trees, full of green leaves limit your visibility. And you always have to be on the lookout for dogs, cats, and deer crossing the road.

I saw a sad sight here just the other day. As I was driving along I saw a baby fawn lying dead along the side of the road. Its white spots were still on it. A few miles down the road I saw another fawn struck dead on the other side of the road. It was so sad seeing them like that and

I slowed down in case more deer were coming down the mountains to drink from the river that ran along side the highway. As I drove on more carefully I took in the sun draped hillsides and enjoyed the God-given beauty of them. I rounded another curve and felt an urging inside my heart and a voice inside my mind. "Slow down, more!", it said. I braked again and suddenly two adult Doe deer leaped across the road. I stomped on the brakes until I came to a complete stop, and just as I did two speckled fawns appeared from the woods running after their mothers. I watched them pass and blinked back tears of relief that I hadn't hit

and killed those babies. Then I smiled and thanked God for sending that message into my heart and mind.

They say that "God speaks to us in whispers." I have found this to be true more often than I can count. So many times I have felt a whispered urging in my heart and mind to do something good, to say something kind, to help someone in need, to share a smile, to offer an encouraging word, to pray, to give my love away freely, or even to step on the brakes. And each time I have listened I have been blessed. May you always listen to Heaven's whispers in your own life. They will always lead you to higher love and greater joy. They will always lead you Home!

Antique Corn Sheller

By: Jeanette Riffle

We were watching Modern Marvels on big screen TV and saw an antique corn sheller this past week.

My husband said he had shelled a lot of corn on one of those. When he was growing up, that was one of his jobs. He used it to shell field corn that was grown on their farm for the livestock. I asked him if he liked that job and he said he didn't mind doing it. It was just another job. It had a crank on one side of it and a heavy fly wheel on the other side. That crank turned the fly wheel. The fly wheel turned the shelling mechanism on the inside. You dropped an ear of corn in the top of it and the cob came out on the side. The corn came out in a bucket or whatever you had to catch it in on the bottom. He said the biggest job was trying to keep chickens out of the corn crib when he was trying to shell corn. I asked him where that antique came from and he said it was there as far back as he could remember. He doesn't know who it had originally belonged to. The first people to live on the farm were Alexander and Eliza Stump Shock. We heard that they built the Shock cabin in 1838. There were many others who lived there through the years.

I was fascinated by all the antiques that were there and still in use, when I married him. The old time Victrola that you had to crank up to hear the records was amusing. When it started winding down and needed cranked up again, it sounded like the singers were dying. We all got a laugh out of that. I wish

I had a picture of the corn sheller but I don't. We just saw it on TV. It was a show of how equipment has been improved through the years.

Dad had to shell his field corn by hand. He grew white corn for meal and took it to a grist mill up at Normantown. Audey Turner had one and Audey took what they called a toll of the meal for his pay. Some folks took a half gallon jar and filled it up out of their pay. They didn't have to buy cornmeal if

they ground for several people. So, we had our own cornmeal for cornbread. It sure was good. People used the yellow corn to feed their livestock and made their own cornmeal out of the white corn. Funny how things change. We prefer the yellow cornmeal for our cornbread. There is still more white in the grocery stores than yellow.. I will close for this time.

Until next week, please continue to be safe and take care. Those viruses are still going around. May the Lord bless and keep you in his care.



Lilly Hoover.

Meet a Mountaineer Food Bank Food Banker

This week the Mountaineer Food Bank is highlighting Lilly Hoover!

Lilly serves as a Mobile Food Pantry Assistant. She has been employed with the food bank for just under a year, but has been a volunteer since childhood with local 4-H clubs.

Lilly and her husband are starting a family in Birch River and enjoy kayaking, fishing, gaming, and spending time with loved ones in their free time.

Thank you, Lilly, for all you do from all of here at the Mountaineer Food Bank.

Do you need help providing school clothes? Encore can help ease the burden!

Finding the funds to outfit your children for school can be an anxiety laden burden to already stretched thin budgets. For all parents that do not qualify for West Virginia School Clothing Vouchers are struggling with the economy and are falling between the cracks.

Encore can help with five outfits of your choice, a pair of shoes, and backpack for each child you

have.

Come in during normal store hours on Monday, Wednesday, and Friday from 10:00 A.M. to 3:00 P.M. and see Laura or Christy. Please bring our Id, the names ages and approximate size and name of the school each child is attending. That is all you need!

Items are to be chose from Encore racks. Specialty items are excluded.

Encore is a non profit Thrift store selling clothing, housewares, Knick knacks, furniture and linens at nominal prices. Friendly and dedicated all volunteer staff located at 229 River Street Gassaway. Proceeds stay in the community to help with basic needs. Donations accepted per guidelines from 11:00 A.M. -2:00 P.M. Monday, Wednesday, and Friday.

Kniceley and Mt. Nebo Homecoming

The Kniceley and Mt. Nebo Homecoming will be held on August 7 at Mt. Nebo Church on Vernon Road.

Come and join us with worship, fellowship and great food. Sunday School at 10:00 am. Preaching at 11:00 am and dinner af-

ter. Bring your favorite food and any pictures you have a family and friends or past homecomings. See you there.

89th Annual McCauley Homecoming

The 89th annual McCauley Homecoming is scheduled for Sunday, August 21.

It will be held in the

Burnsville Community Building. Doors will open around 10 a.m. Bring a covered dish. No fees or charges.

Come and find out if or how you might be related to the first McCauley who came to central West Virginia around 1800.

35th Annual Cottrell/Cottrill Reunion

The 35th Annual Cottrell/Cottrill and descendants reunion will be held on August 13 at the

Gassaway Fire House Multi-Purpose Room in Gassaway.

Doors open at 10:00

am. Bring a covered dish and something for the white elephant sale. Everyone welcome.

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HELP WANTED



HELP WANTED: The Town of Burnsville will be accepting applications for a full time Chief of Police. Applicants MUST be certified through the West Virginia State Police Academy and must be currently active with the required in service hours. All Applicants must have a valid WV Driver's License and be able to pass a background and drug test. Starting pay will be \$19.50 per hour with benefits that include vacation, sick time, holidays, retirement & health insurance. Apply in person at Burnsville Town Hall, 106 Municipal St., Burnsville, WV 26335. 304-853-2605. The Town of Burnsville is an Equal Opportunity Employer. 7-26 8-9b

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America is now taking applications for factory floor. One position in machining department and one position in assembly. On the job training. Apply in person at 123 Summer Place Dr., Sutton (the old IMC building) PH: (304) 765-7254. Applicant must be able to pass a drug test. 7-26 8-9b

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BRAXTON

FOR RENT: Mobile Home, 2 Bedroom 2 Bath, Recently Remodeled. Location-Craigsville. NO PETS. \$450.00 monthly. Call 304-742-3500 or 304-742-5000. 7-26 8-16b

FOR RENT: 4 Bedroom 1-story newer brick house with garage in Summersville. \$750 plus deposit. Electric heat. No pets. 304-644-5550 TF

BRAXTON REAL ESTATE

LAND FOR SALE: 3.8 acres with city water, electric, septic, fruit trees, located next to Bakers Run campground, \$40,000. Call 304-765-7172. 7-19 8-9b

FOR SALE
IN BRAXTON

FOR SALE: Lift Chair (Like

New) Org. Cost \$1,300 Selling For \$500.00. Hoyley Lift Brand New \$350 with Sling. Hospital Bed Rails and Mattress Head and Foot Electric \$500.00. Call (304) 619-7424 for more information. 7-19 08-09b

MISC. ITEMS

FIVE FAMILY YARD SALE from August 4th-6th at 400 Braxton Street, Gassaway 26624 starting at 8:00 A.M. We have Clothes, house hold items, shoes, toys lots and lots of stuff. Not responsible for accidents. 08-04p

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LEGAL NOTICES
Braxton Democrat-Central

REQUEST FOR SEALED BIDS - REROOFING AND RELATED WORK - CRAIGSVILLE PUBLIC LIBRARY, NICHOLAS COUNTY, WV

The Craigsville Public Library is soliciting bids for reroofing all or portions of the Library building located at 63 Library Lane in Craigsville, WV, 26205. The building is about 4,200 square feet in area and consists of several adjoining sections with a complex roof structure. Based on the successful bidder's evaluation of the existing roofing and on that bidder's recommendations, the job may include tear-off and replacement of all existing roofing materials, or tear-off and replacement of only certain portions of the roofing. If damaged or deteriorated roof sheathing is found on any part of the structure, the job will include removal and replacement of that sheathing. The job will include repair as needed, or removal and replacement, of an existing powered roof vent which is believed to not be operating, along

Nationwide [Mail: 2420 N St NW, Washington DC. Office: Broward Co. FL (TX/NM Bar.)]

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Heavy Coats

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Wash and Fold	2.05 Per Pound
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Wash & Fold

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Beef farming.



Intensive grazing.

On the Other Side of the Mountain

This time I am writing about farming.

There are many young people who want to farm today. The environmentally focused program "Living on Earth" on WVPB sometimes features young folks who have taken up farming. One segment was dedicated to people of color who want to farm and it aired on June 19th, a holiday known as Juneteenth when African Americans celebrate their emancipation. During slavery, African Americans worked on farms, raising crops, but they also grew their own food for survival and self-sufficiency. Later they worked as share-croppers, being denied the right to purchase land imposed by federal programs and policies that excluded blacks from purchasing land. Some young people of color want to return to their heritage of growing healthy food. There is a farm in Grafton, NY, called "Soul Fire Farm", where these budding farmers can find help with training to connect to the land, learn essential agricultural skills, marketing and everything related to run a farm. The main purpose is universal, no matter where we live. We need fresh, healthy food to avoid major health issues like diabetes, heart disease, cancer, learning disabilities and obesity. We rely too much on processed food, which is high in salt, trans-fats and carbohydrates. The US Department of Agriculture defines a food desert by zip-codes without a supermarket. That is

actually a simplistic explanation, because it is more linked to low income areas where fresh produce is hard to obtain.

The easiest way to own farm land is to have it passed down from father to son or daughter. The person who inherits the farm most likely grew up on it and is familiar with every aspect of it. He or she also has the support and cooperation of the parents, but there are young people who don't have this advantage. Of course farming has many different aspects: dairy, meat animals, vegetable, grain (mostly in the Midwest), mushroom production, vineyards, orchards, indoor, vertical farming, just to name a few. Each one demands different skills and different amounts of investment. The biggest obstacles for young farmers are access to land and capital. Of course it is always possible to rent land or a farm, but one never knows what will happen if the signed contract runs out. For a person who rents a place, it is almost impossible to get a loan from a bank because of the uncertainty of agreement. Living in a rural area also makes it often difficult to have broadband access, which is crucial for folks to sell their animals on auctions or sell their products online. Then there exists the possibility of forming coops to have more impact as a group and offering support to each other. Small farms are more vulnerable to the negative impacts of weather conditions, diseases and market fluctuations. Every agricultur-

al enterprise has its own challenges and there is no scenario that fits all circumstances. I should not leave out urban farmers, people who get involved in community gardens, making fresh produce available to neighbors. What is crucial is persistence, a certain toughness, a willingness to persevere, no matter what. There are many good meaning folks who dream of farming, but it takes some special individuals to follow through and deal with the challenges.

I was curious about some statistics about farming, so here are some numbers that might interest you too. In 1978 the average age of farmers was 50.3 years, today it is 59.4. The biggest farmer in the US is Bill Gates, he owns 269,000 acres. 90.1% of the US farms are owned by white people. The biggest landowner in the world is the Roman Catholic church with 70 million hectares, approximately the size of France. It is not all agricultural land but also prime properties in Paris, New York City etc. Today The US has 2.1 million farms, where the average is around 435 acres. A small farm is defined to be around 231 acres, a large family farm around 1421 acres and a very large farm around 2086 acres. For more than 200 years millionaires and billionaires have invested in real estate. It is a sure way for the very rich to make and keep their wealth and that has not changed. Billionaires consider buying farms, making their investment

a highly effective inflation hedge, better than bonds or stocks.

What is important to know is that if you own land, you feel power, you have autonomy, you have a certain freedom to do what you want.

When we first started on our farm, we were financially challenged to put it mildly and it took us what seems an eternity to reach our goal.

When we picked up a horse from Donny Nettles on Keener's Ridge some 45 years ago, we admired his fertile ground, beautiful green pastures with plenty of clover, a dream of a well maintained farm. It was our goal to some day achieve this level of fertility. We are half way there. Some pastures look like Donny's, but some still need improvement. We never used fertilizer, we achieved it by intensive grazing. I will try to explain what this term means in agriculture. Usually animals are turned out on pasture as soon as the grass starts growing in spring. Sometimes they graze the same area for most of the season. In order to concentrate grazing in one area, a pasture is divided into several sections depending on its size and the amount of animals eating. I am sure there are records of the ratio of animals to the size of the plot, but when we started, we did it by observation. We wanted to keep them in one place not longer than two days. They were forced to nibble the grass down to a few inches and at the same time they deposited their manure



Dairy farming



Dividing pasture.

evenly. The third day they had access to a totally new sector, fresh tasting, uncontaminated from droppings. It was remarkable, neither the goats nor the sheep could be seen nibbling in the "used" tract. Intensive grazing practices are labor intensive, because one has to establish a temporary, electric fence every other day to create a new grazing part, it means that you divide a (let's say) 4 acre pasture into 6 to 8 sections, depending on the type and number of animals that eat there.

The animals get used to new sections and they love it. When they see us coming with the red fence they start running and jumping, anticipating the fresh tasting, new ground. Over the years, clover started sprouting, a sign of improving fertility without artificial fertilizer. How secure is our food source? Rich people buying up land, crazy people starting unnecessary wars, farmers getting too old to do the job? Maybe we should try to grow something on our own so we know what we have to do if push comes to shove..... maybe.

Bakers Run Campground hosts Annual Chalk the Walk event at Sutton Lake

COE Employees Ben Coulter, Daniel Hoard, Elijah Dick and Logan White along with COE Baker's

Run Campground Volunteers Ralph and Patty Sharp, Mark and Debbie Boucher, and Linda Wil-

liams hosted the Annual event at Bakers Run Campground. There were thirty-two participants ranging

from ages three to sixteen years of age

Everyone was able to create their own illustration

and receive a prize from local community members or business partners, gathered by volunteers. All

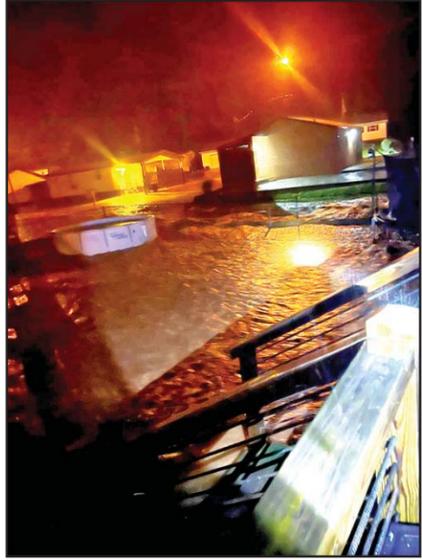
present also received water safety educational materials and heard the water safety message.



Thirty-two participants attended the Annual Chalk the Walk event at Bakers Run Campground on Saturday, July 30th.

Local Flooding starts the Month of August

During the first day of August, Monday night into Tuesday morning, heavy rain fell upon Braxton County causing flood waters to rise in many towns. Hundreds of residents were out of electricity during the early morning hours as power crews worked to restore power. The Sutton Dam released hundreds of thousands of gallons of water to help ease some of the flooding. Local residents are currently working hard to clean up after the flooding.



Left: Erbacon Church. Photos by Angie Wolverton.
Right: Back yards were rushing with water in Flatwoods.



Gem Road in Heaters was under water due to heavy rain

Why I Ride



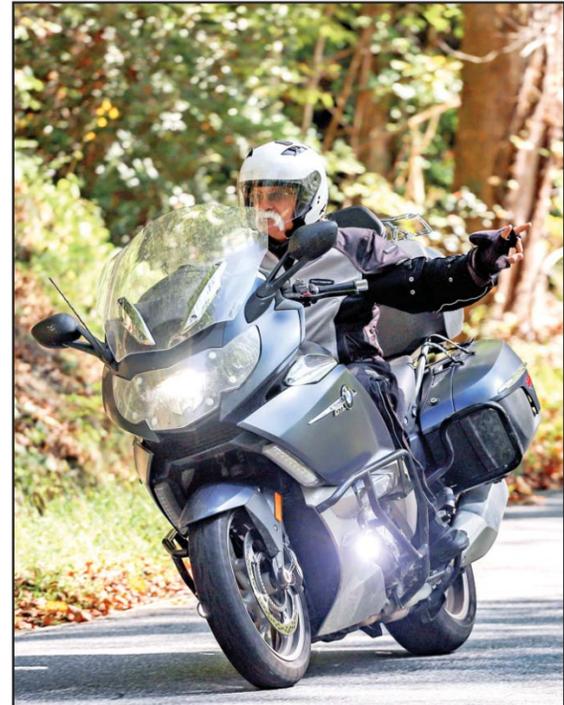
Welcome to August 2022. Moving into the hottest part of the year. Well, doesn't it feel like it's been brutally hot already? It has to me, so it seems reasonable that today's column would deal with riding a motorcycle in hot weather.

The obvious problem is avoiding the dangers of dehydration. According to the Cleveland Clinic "dehydration is the absence of a sufficient amount of water in your body." Along with water, we also lose salts known as electrolytes. When we are fully hydrated, our bodies maintain a balance of salts and fluids in our cells, organs, muscles, and bloodstream.

You're riding down the road. It's hot, sunny, beautiful. Sun's beating on you, yet you feel cool as you ride through the air. This is because evaporation is a cooling process. You are sweating bullets and losing fluid in a hurry, and you don't even know it. Riding a motorcycle speeds up the dehydration process. Increased physical and mental exertion needed to ride, perspiration, accelerated evaporation from wind rushing past your skin, heat from the bike's engine, and reflected heat off the road. Pretty soon you start to feel any of the following symptoms: Impaired judgement; increased reaction time; diminished balance; numbness of hands and feet; muscle cramping; decreased awareness of traffic and road conditions; and hopefully never, faintness.

There are symptoms of dehydration that you can watch out for and alert you to replenish the fluids in your body. These include dry mouth; dry eyes; increased thirst or lack of thirst; lack of urination; headache; fatigue; lightheadedness; dizziness; and muscle cramps. These symptoms can begin mildly and escalate into big problems.

OK, so how do we avoid dehydration? Drink plenty of water before you get on the bike, when you make a stop, and when you leave your stop. If necessary, make more frequent stops, depending on how hot it gets. Avoid alcohol and caffeine, save these for the end of the ride. Wear wicking base layers and full-coverage riding apparel. Get yourself some good mesh and vented pants and jackets and lightweight, breathable motorcycle boots. Avoid riding during the hottest part of the day. Make stops before the low-fuel light comes on. Stopping every hour in hot weather is recommended. Enjoy the view of the surroundings. Again, use common sense, pay attention to your body. Finally, drink lots of water, I cannot say this enough. Adding electrolytes to



Riding the Tail of the Dragon with full mesh gear.



Cooling Vest.



Hydration backpack with water bladder, hose, and drinking valve.

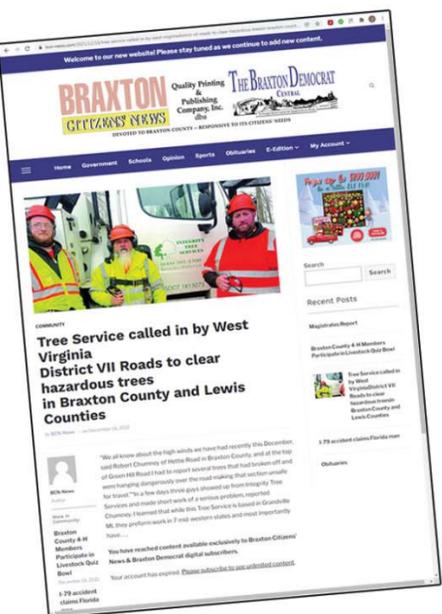


Motorcycle beverage holder.

the water helps. There are numerous add-ons that help keep you cool and hydrated while you ride. In addition to the mesh riding pants and jackets, one may invest in a cooling vest. You soak it in cold water for a few minutes and wear it like a regular vest. Keeps you cool for about four hours. Another outstanding accessory is a hydration backpack, or even just a simple water bladder with a drinking hose and drinking valve. You may choose to go budget and get a motorcycle beverage holder. A cooling neck towel also works. Do not forget sunblock! Remember to email me your thoughts, suggestions, and recommendations. Peace.

Take a look who is making their debate on the World Wide Web!

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